

IT IS  
AFFORDABLE  
TO RESHAPE  
YOUR BODY!

	member	non-member
One time trial treatment	\$9.99	\$29.99
Mini package of three	\$185.00	\$225.00
Half package of six	\$225.00	\$350.00
Full package of ten	\$359.00	\$525.00
Massage and application of the slimming gels and oils per treatment	\$8.00	\$15.00
Single treatments		
<b>Sold only for pain management, hair removal and facials</b>		
	\$60.00	\$85.00

Want a  
great deal  
on these treatments?  
Ask about  
our referral  
program

8484 Mayfield Rd.  
Chesterland, OH 44026  
www.johnhenrysalon.com  
440.688.4150

*John Henry's*  
salon

**Thermojet Plus**  
Infrared Body  
Contouring Therapy.



A comfortable,  
pain free solution  
to weight and inch loss.

Use Infrared therapy to:

- ✓ Stimulate Metabolism
- ✓ Accelerate Inch and weight loss
- ✓ Remove toxins from the body
- ✓ Pain relief for Bones, Joints and Muscles
- ✓ Help reduce cellulite
- ✓ Reduce the need for hair removal
- ✓ firm facial features

## What is Infrared?

Infrared is a part of the natural light spectrum without the UV element. It is a form of energy produced by the sun. Infrared divides into three waves: near or close, middle or intermediate and far or long. All forms of life on this planet need abundant amounts of far infrared light to be healthy. Although infrared can not be seen by the human eye, you will know that it is present by feeling the warmth on your skin. Technology has made it possible for infrared to be delivered safely and gently to targeted areas of the body for the purpose of stress management, stimulation of metabolism, detoxification, pain relief, cellulite reduction and fat loss.

## How does the Thermojet Infrared Treatment Work?

The thermojet machine uses infrared technology to get heat into the body (from the inside out) causing increased circulation and metabolism to cold spots. Fat gain anywhere in the body causes a decrease in blood circulation to that part of the body. The lack of blood circulation makes it hard to metabolize or burn the excess fat (in the subcutaneous tissue) which turns into "cold spots" or what is commonly known as cellulite.

It is like heating a stick of butter in a frying pan. Infrared therapy safely and gently gets heat underneath the fat tissue causing increased circulation and metabolism. This fat burning process works from the deep layers to the outer layers by breaking down and releasing fat, toxins and excess body water through perspiration.

Each relaxing session last about 40 minutes. Two sessions per week are recommended for up to 10 weeks depending on the desired results.

## What can you expect?

Measurements will be taken before your treatment. Fully dressed, you will lie on a comfortable table. As the thermojet is warming up (about 5 minutes) you will be wrapped in six silicone pads...around the thighs, abdomen and arms. If you want to accelerate the effects of the treatment, slimming gels and oils can be massaged into the skin before you are wrapped in the silicon pads. You can relax, sleep, listen to music, watch television or even have a manicure or pedicure.

Drink lots of water before the treatment and up to 48 hours after the treatment to help eliminate the toxins that have been broken down. Adequate hydration also allows the liver and the kidneys to work at their full capacity which are all vital components of your health and weight management.

## WHAT IS THE DRESS CODE?

Dress comfortably in cotton sweat clothes. Bring a large beach towel.

## HOW CAN INFRA-RED THERAPY HELP SKIN CONDITIONS?

Sometimes, water molecules in the body accumulate and store toxins which block circulation and impair cellular function. Infrared waves breaks downs those molecules and steadily circulates blood which helps to remove those blockages in the blood vessels allowing for proper oxygen distribution to all parts of the body. Proper oxygenation keeps skin pores open and able to eliminate waste. This has proven to be helpful in the treatment of acne, eczema and psoriasis.